

# Global Stress & Trauma Support Programme

Stress and trauma can strike organisations in many different ways, especially in international environments. CiC understands that careful preparation and prevention are every bit as important as rapid and effective response. Because of this, our ground-breaking programme takes a powerful three-pronged approach, combining 24 hour telephone support, face-to-face clinical interventions and innovative learning and development packages. Peer support initiatives can be included in the holistic initiative.

Our International Adviceline is staffed by clinicians experienced working with organisations from all over the world and calls can be made in any language. We support media, construction, NGOs, legal and financial companies both in the event of critical incidents (road, rail and plane crashes; terrorist attacks; workplace deaths; suicide) as well as providing managerial support for cumulative stress often experienced on overseas assignments. Cultural needs will always be taken very seriously and language and regional diversity respected at all times.

## Features

*Using this service your employees can . . .*

- Access 24/7/265 clinical support from across the globe
- Receive longer term psychological support, even as they travel around the world
- Attend trauma/resilience training programmes designed specifically for their roles/industry
- Understand individual, organisational and group reactions to emergencies and crisis.

## Benefits

*Using this service will mean your employees . . .*

- Have expert psychological and emotional support wherever they are based
- Can access learning and development programmes to enhance resilience
- Will have specialist managerial expertise from CiC consultants
- Can devise positive wellbeing strategies through peer support.



## Want to know more?

Get in touch with CiC using the details below.

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