

CiC SERVICES

Learning and Development

CiC helps organisations get the very best out of their people with a variety of services; from fresh and creative wellbeing solutions to powerful stress and trauma awareness trainings.

We draw from a global network of carefully selected coaches, trainers, wellbeing and lifestyle specialists, all of whom have experiences across multiple industry sectors and with valuable specialist skills.

We offer a comprehensive range of innovative learning and development solutions, including face-to-face trainings, webinars, coaching, mediation and consultancy.

The latest HSE statistics show that the total number of working days lost due to stress, anxiety and depression in 2014/15 was 9.9 million days, in the same period stress accounted for 35% of all work related ill health cases and 43% of all working days lost due to ill health.

With this in mind it is plain to see that offering your managers and employees the opportunity to gain valuable skills and insight through one of our learning packages would be money well spent.



Want to know more?

Get in touch with CiC using the details below.

+44 (0)20 7937 6224 | enquiries@cic-eap.co.uk | www.cic-eap.co.uk