

# Supporting the health and wellbeing of your tenants



**Did you know that 47% of the UK workforce has access to counselling support through their employer and that 92% of the top 25 best companies to work for offer this service?**

According to The Institute of Leadership & Management's recent report, Mind Culture, 45% of respondents concluded that organisations with 10-49 employees do not really support mental health in the workplace. 51% of the survey's respondents said that when confiding in their line manager about a mental health issue they did not receive the help they needed.

CiC can offer all your tenants access to 24/7/365 independent and completely confidential counselling and legal and money management helplines. With mediation, training and critical incident support available - all accessible through a bespoke health & wellbeing Hub. CiC counsellors can help clarify emotional issues that your tenants may be experiencing at work or home and, if appropriate, put them in touch with the expert help they need.

*The average cost of a 24 /7 counselling service for a company with 10 employees is £75 per annum per employee. Savings of up to 70% available when you combine your office headcount.*

Serviced Office providers that include a health & wellbeing offering in their package have a great USP! You are fulfilling an important duty of care, retaining and attracting the best tenants and ensuring that their staff are at their most productive. Costs can be passed directly on to tenants or a small margin added.

## CiC offers:

- ▶ 24 hour freephone access to qualified accredited counsellors for help and advice with personal or workrelated concerns
- ▶ Online Live Chat sessions with qualified accredited counsellors
- ▶ Assessment & referral to short-term counselling (delivered face to face, by telephone or online) across the UK and world-wide.
- ▶ Legal information and signposting
- ▶ Support for debt and other money management issues
- ▶ Support for those with caring responsibilities
- ▶ Access to "Everyday Matters" time management and information sourcing service
- ▶ Access to a wealth of regularly updated wellbeing resources on a Health & Wellbeing Hub that can be white-labelled with your company name and logo
- ▶ Additional support features for managers, training, whistleblowing services, critical incident support, specialist cancer counselling and many other additional options
- ▶ Experienced account managers will help your organisation with launch, promotion and ongoing support to ensure your tenants get the most out of the service



## Benefits

- ▶ Make a positive difference in your tenants lives, showing a Duty of Care
- ▶ A USP to set you apart from your competitors
- ▶ The service will help people stay productive, motivated and at work
- ▶ Minimise the risk of absenteeism and other disruptive effects of stress and anxiety, both in the workplace and at home
- ▶ Make yourself known as a Serviced Office provider of choice, a more attractive choice for new talent as you add the Health



Want to know more?



Get in touch with CiC using the details below:

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